

Kiwanis[®]

ECC District Newsletter

April 2022



EMERGING STRONGER
IN 2021/2022

What's Inside...

Governor's Message

District Convention News

Update on EC&C Policies

Editor's Note

Peterborough Celebrates 100 years of Service to Community

Applying for Club Grant from Kiwanis Children's Fund

SLP Compost Heap Project

Feeding students in Huntsville Muskoka Schools

Kiwanis Club of Freeport Plants Mangroves for World Wetlands Day in The Bahamas

Ability New Brunswick 65th Anniversary Medal Recipient

Kiwanians honour Judy Mowatt, Marcia Griffiths for Reggae Month

Walking labyrinth announced for St. Catharines Fairview Park



Governor Jim's Message

Fellow Kiwanians,

As we start to close in on our 6th month of Kiwanis activity in our District this year, I'm happy to report that the winner of the Governors Ribbon for the 1st Quarter was the Kiwanis Club of South St. Andrew from Division 23 East. My congratulations go to this Club for an incredible 1st Quarter. This is not an easy award to win as our 280 plus Clubs are being measured with the same criteria by our LG's. What a terrific quarter the South St. Andrews Club had.

It certainly appears that we are finally coming out of the Covid pandemic that has affected all Clubs during the past two years. As a group our Service Projects have changed greatly to new online projects and new club and membership accomplishment have found that using virtual online technology has worked well in our Club and Membership building campaigns during the past two years. The Month of March is membership month and all Clubs are to have at least one Membership activity during the month.

Our Fredericton Convention group along with Edwin Thompson's District Convention Committee have been working at putting together our August 18 – 20th Convention. It is going to be a fun educational event in a beautiful part of the Maritimes in mid August where the weather is terrific at that time of year. They are looking forward to hosting all of us as we get together physically for the first time since the Stratford Convention in 2019.

I want to mention what your District Board and LG team have been working at for this Kiwanis year.

Membership and Engagement: this year we have agreed to open a minimum of 9 new clubs and expand our membership numbers of a net of 180 new members. To make that number each Club needs to bring in 5% in new members to end up at 2 ½ % net.



Leadership Education: All Clubs have had this years Club Leadership Team completely trained. Each Club is to provide Leadership Education to its members quarterly and also all Clubs are to have a Succession plan for the coming year in place.

Community Impact: each Club is to have at least one new Community Service Project involving children. We have also agreed to bring our SLP programs back to where they were in March of 2020. We are making big strides in this area as schools re-open.

Kiwanis Image: Each Club is to have a Signature Project and participate in the District Contest. EC&C had the largest number of Signature entrants in the Kiwanis World. Merdina Calum and her committee have really hit a home run here with the help of over 150 Clubs entering.

Financial Viability: All Clubs to have their District and International dues paid by the given deadline. Also any Club that has SLP projects are to provide some financial support to them.

All these goals are very doable and realistic. By completing them all Clubs will Emerge Stronger at years end as we head into our 3rd quarter which we are looking forward to.

Thanks for helping us get there.

Governor Jim
EC&C Governor
2021-2022

EMERGING STRONGER
IN 2021/2022





August 18-20, 2022

Greetings Kiwanians,

August 17, 2022 is coming up very quickly, the day you will be travelling to Fredericton, New Brunswick CA be it via road trip, Air Canada, WestJet, Porter Airlines or American Airlines. Have you started planning yet?

Spring airline schedules are not out yet, but as soon as they are, they will be posted on the Convention web-site, www.ecc2022.org.

Early-bird registration starts April 1st. Here are the registration fees, the best ever registration fees in Convention history and a savings of \$100 if you register before May 15:

Kiwanis Members Registration Fees

A Kiwanis member registration fee includes tickets for the Opening Ceremony, Educational Forums, Friday's Awards Luncheon and the Members Gala on Saturday.

Early bird registration, April 1 – May 15, 2022	\$220.00
Regular Rate: May 16 – July 15, 2022 (online registration closes)	\$320.00
On-Site Registration	\$350.00

Registration Fees – Partner or Guest

Kiwanis members may also register a Partner or Guest. This registration fee includes tickets for the Opening Ceremony, Educational Forums, Friday's Awards Luncheon and the Members Gala on Saturday

Early bird registration, April 1 – May 15, 2022	\$110.00
Regular rate: May 16 – July 15, 2022 (online registration closes)	\$170.00
On-Site Registration	\$240.00

Fees for Optional Ticketed Events

There are two optional events that tickets must be purchased for. They are:

Host Night Maritime Kitchen Party, Fri. Aug. 19, 7-11 pm	\$75.00
Celebration Breakfast, Sat. Aug. 20, 7:30am	\$26.00

Hotel Reservations -- Host Hotel, Delta Fredericton by Marriott Hotels

You are strongly encouraged to book your room soon for the Convention at the Host Hotel. The 4-star urban resort, the Delta Hotel Fredericton by Marriott Hotels, boasts a picture-perfect waterfront location in the heart of the city. Delta Hotel Fredericton invites you to take advantage of its location on the Saint John (Wolastoq) River to experience Fredericton's best view of the sunset and convenient access to many of the city's attractions. Steps away from the hotel, the Fredericton Trail system offers biking and walking opportunities.

Cont'd



District Convention News

Special group rate: Delta Hotels Fredericton for \$179 CAD per night

Standard room: \$179 + 3.5% municipal accommodation tax + 15% HST = \$213.06

Club Level Room: \$179 + \$55 + 3.5% municipal accommodation tax + 15% HST = \$278.52 (incl. continental breakfast and evening hors d'oeuvres)

Contact the Delta Fredericton Hotel direct at 506-457-7000 or 1-800-721-7033 and say you are with the Kiwanis block.

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1630331319902&key=GRP&app=resvlink>



Keynote Address at Official Opening Ceremonies, August 18

By 3 Founders of &Vision

Annu Puri, District Governor - Key Club, Co-Founder, Head of Partnerships

Jeff Zhang, Lieutenant Governor - Districts 8/9 - Key Club, Co-Founder, Head of Learning

Jacqueline Sue, District Editor - Key Club, Co-Founder, Head of Finance and People Ops

&Vision Mission is to eliminate geographical and generational borders to accessing information in order to help students from all backgrounds thrive as business and community leaders. We do this through democratizing information by providing an inclusive, transparent, and educational platform to learn and help students make an informed decision on their education, career, and lifestyle.

Keynote: Our keynote will focus on discussing the power of community service. We want to share our Key Club stories and the experiences that have helped shape our service-oriented mindsets and allowed us to develop our own non-profit organization, &Vision. Likewise, we hope to inspire others and promote the importance that Key Club plays in giving back to our broader communities.

District Convention News

Educational Forums: stay tuned for release of the educational forums in the near future.

[&Vision will be presenting a session, here is the info on their session:](#)

Our education session will be an interactive workshop about how to best empower the youth of today. Students and young professionals are constantly distracted by the range of opportunities at their disposal - how will Key Club and Kiwanis best position themselves to attract and retain young talent? We hope to discuss our observations and key learnings from our non-profit organization, &Vision, on how we approached youth engagement.

The EC&C District Convention Host Committee is working hard at finalizing plans for the first in-person Convention in 3 years. We are very excited and we are expecting you in August! Don't forget to check our website and Facebook page Kiwanis Eastern Canada & Caribbean District 2022 Convention on a regular basis for updates.

Catch the Kiwanis Wave, One Child At A Time!

Noëlla

DPP Noëlla J. LeBrun, Chair

EC&C District Convention Host Committee



Book your room for the Kiwanis Eastern Canada & Caribbean District Convention, August 18-20, 2022 at the 4-star urban resort, the Delta Hotels Fredericton by Marriott Hotels and see the sights of Fredericton. Boasting a picture-perfect waterfront location in the heart of the city, Delta Hotels Fredericton invites you to take advantage of our location on the Saint John (Wolastoq) River to experience Fredericton's best view of the sunset and convenient access to many of the city's attractions. Steps away from the hotel, the Fredericton Trail system offers biking and walking opportunities.

Read more - <https://www.ecc2022.org/convention-hotel/>



UPDATE

on EC&C Policies

Realizing that the majority of members look forward to the changes in the District policies, allow me to point out those which were accepted by the Board of Trustees as of January 20, 2022.

Please note that the changes made are listed by date in a chart on page 7.

Appendix B, which you all know is the active club list, has been updated. Those clubs that have surrendered their charter are no longer listed and newly formed clubs have been added.

Appendix A, which details EC&C election procedures has been modified to allow for virtual elections should they become necessary.

Section 13.4.1, Virtual Elections are detailed in the International Trustee election.

Section 7.6.1, 7.6.2 and 7.6.5 all deal with the Long Range Planning committee and update their operation.

Volunteer positions for Oct 1, 2022.

Do you have an interest in Bylaws and Policies? Most of the members will be retiring and an opportunity is coming for you to step forward and beat the crowd by volunteering to Chair or be on the committee. Governor Elect Anthony Haile will be searching thru the thousands of applications for these valuable 5 positions this spring. Let him know your interest. anthonyhaile@yahoo.com.

PDT Bob Bogardis

Chair Bylaws and Policy Committee

Editor's Note



EC&C has done it again - the highest number of Signature Project submissions. We had a total of 137 submissions - 66 Tier 1 and 71 Tier 11. Congratulations to the winners and to the clubs who were able to make their submissions.

It was not an easy task for the judges as there were so many excellent community projects. However, the selection was made and submitted to Kiwanis International where the gold, silver and bronze winners in each category will be announced at KI Convention in June. Also, the three (3) winners from Tier 1 and Tier 11 will be announced and acknowledged at the District Convention in Fredericton in August.

A report was also submitted to the District with recommendations on how clubs can improve on the selection and reporting of their signature projects.

It was a labour of love. The year was 2016 when I committed to doing the District newsletter for only the 2017/2018 administration. I was however informed that the district editor was not changed annually. I then decided I would do it for three (3) years commencing with the 2017-2018 administration. I was asked to start in the 2016-2017 administration which was already underway. I briefly hesitated as at the time I was doing my club and the division's newsletter.

Having sorted out my time management I saw a window where I could manage all three as one was weekly, one was quarterly and the other was monthly. And so my journey began...

It was not an easy task at the time but you know what they say, "encouragement strengthens labour" and the feedback which was mostly positive and even the negative ones helped to improve each publication and made the task easier.

I thank the clubs who have ensured that their stories were told, as without your submissions there could be no newsletter. Special thanks to DST Jim Steele,

and PDT Pierre Laliberte, who facilitates the French translation and yes, a French version is produced as well, and my cheerleaders. Your support has been invaluable and much appreciated.

Having had no formal training in this area, it made me so much happier to have been able to share this talent, with which I have been blessed, with you and in service.

Fast forward six (6) years later, and in life, roles and positions need rejuvenation and different perspectives, and I believe it is now time to take this role to another level; so I happily pass the baton to a talented, hard working Kiwanian - Distinguished President Sherilyn Cordice.



Sherilyn grew up in the K family - from K Kids and Key Club to Distinguished President of Kiwanis Club of Barbados Central. She currently shares dual membership with Kiwanis Club of Barbados West and Kiwanis Club of Caribbean Emerging Leaders.

DP Sherilyn has served her club and the division in various positions including bulletin editor. She looks forward to serving her Kiwanis District and fellow Kiwanians in this new role with great reads and a spark of creativity.

**Here is the email address for Sherilyn.
emmari29@gmail.com.**

I ask that you give her your support and continue to share your Kiwanis stories.

To my fellow Kiwanians, I leave you with a quote from one of my favourite songs, *"Keep doing what you do, cause there's a place up there for people like you."*

Walk good.

Merdina

Kiwanis Club of Peterborough Celebrates 100 years of Service to Community and gets “ALL ABOARD” the Riverview Railway Replacement Campaign

The Kiwanis Club of Peterborough held its 100th Anniversary Dinner on November 27, 2021. The guest speaker was Governor Jim Scott, who was accompanied by his wife Bev. Guests included several Past Lieutenant Governors, Past Presidents and several Kiwanians from Kiwanis Clubs of Barrie, Belleville, Tweed, Oshawa, Huntsville Muskoka, South Georgian Bay and Orillia. Several congratulatory letters and certificates were presented to the club by dignitaries, including the Governor.

The Club customarily gets involved in projects that will benefit not only the youth in the community but also the residents and persons visiting this great city. To celebrate and acknowledge the support they have received for the past 100 years, the Kiwanis Club of Peterborough selected a special community project.

The City of Peterborough is blessed with one of North America's finest Zoo's, that is fully accredited by CAZA, Canada's Accredited Zoos and Aquariums. The Riverview Park and Zoo which was established in 1933 is Canada's only free-admission accredited Zoo. One of the main attractions, besides the variety of animals located at the Zoo, is the Riverview Railway Train Ride and Train Station that was established in 1974. This train ride with a 1860 style locomotive miniature engine and coaches is a part of the cultural heritage shared by multi-generational families. It has provided fun memories for the more than 225,000 visitors to the Zoo each year.

The train is almost 50 years old and replacement parts that meet government regulations are cost prohibitive. The Riverview Park and Zoo has undertaken to replace the train and its



coaches in 2022, and have announced an **“All aboard the Riverview Railway” capital campaign.**

The Kiwanis Club of Peterborough is pleased to announce that their next major project, for the benefit of the youth, community residents and visitors to Peterborough, will be their support of this project, and that the club will be donating \$25,000 to the **“All aboard the Riverview Railway” capital campaign.** Funds for this project will be from its fundraising efforts through Delta Bingo and Gaming and proceeds from the Kiwanis Snack Bar at the Zoo.

In recognition, the Riverview Park & Zoo will be naming one of the coaches after the Kiwanis Club of Peterborough. The Kiwanis name will be on the coach for the next 25 years, to be seen by the estimated 4 million riders and will be part of the

rich culture of Peterborough.

The Kiwanis Club of Peterborough would like to thank the Riverview Park and Zoo for providing the opportunity to be part of this most important community project.



President Russ Peddle (left) presenting a cheque to Jim Moloney the Curator and Manager of the Riverview Park and Zoo.



Governor Jim Scott presents certificate to President Russ Peddle on behalf of the EC&C District

Collaborate for success

NEED FUNDING? APPLY FOR A CLUB GRANT. LET US HELP YOU SERVE KIDS.

The Kiwanis Children's Fund provides funding both for established programs and for new endeavors. The types of projects vary, but they are all Kiwanis-led and meet a need in the club's community. When a club invests time and money in a project it has initiated, it will see greater member engagement and have a more meaningful impact in kids' lives.

The complete set of eligibility requirements is available in our Guide to Club Grants, which you can find at kiwanischildrensfund.org/clubgrants. Below is an overview of those requirements.

Here is an overview of these requirements:

Your project must:

- Be Kiwanis-led, with at least 50% of the work performed by Kiwanis family members.
- Fill a need that is determined by the club's completion of a community needs assessment.
- Include programming that recurs at least once per year.
- Support activities within at least one Kiwanis cause: health and nutrition, education and literacy or youth leadership development.
- Get at least 25% of its total funding from the club.
- Require no more than 40% of funding from the Children's Fund.
- Have at least one non-Kiwanis monetary funding partner, such as a local business, church, school, nonprofit or other community organization.
- Spend the grant money within 12 months of when the funds are granted.

Applying for a grant is easier than you think:

1. Read the Guide to Club Grants. Go through each step of the grant process at kiwanischildrensfund.org/clubgrants.
2. Conduct a community needs assessment. Ensure that your club's work is relevant and necessary.
3. Submit a Letter of Inquiry. Your club will provide an outline of the project, a timeline, a budget and an overview of the community needs assessment.
4. Receive feedback. If your project meets eligibility requirements, your club will be invited to complete the grant application. Children's Fund staff members work with you along the way.
5. Apply for the grant. Funding decisions are made on January 1, June 1 and October 1.
6. Get started! If you receive a grant, you will have 12 months to spend the money on your project.





Smiles and magic in hearts is what the Kiwanis Arc-en-Ciel has brought to 30 families as part of its project "The Baskets of the Rainbow Heart" by offering toys to children and food baskets to families for a happy holiday.



On Friday, January 21, the Kiwanis club Arc-en-Ciel Division 27A shared a cake with 44 students from the Jean-Baptiste ROUAM SIM primary school in Fort-de-France Martinique. They also donated 500 pediatric masks, school materials and food vouchers that will be redistributed to the most needy school children.



Kiwanis Club of Eastern Kingston & Port Royal Service Leadership Program

Compost Heap Project

On Saturday, December 11, 2021 the Kiwanis Club of Eastern Kingston & Port Royal headed to the NEST Children's Home on Mannings Hill Road, St. Andrew to create the Home's first compost heap – this was the latest in a series of joint eco-enhancing activities.

The compost heap was conceptualized with the intention of supporting the in-house garden and agricultural self-reliance activities of the Home and to capitalize on the overall environmental push at the childcare facility, having executed a joint tree planting exercise just a few weeks prior.

The activity greatly involved the children at the NEST, where **environmental ambassadors** were identified to help with the sustenance and upkeep of the compost heap. This helps with instilling a sense of responsibility in the children, while cultivating an appreciation for the environment and plant life.

Benefits of Composting:

- Enriches soil, helping retain moisture and suppress plant diseases and pests.
- Reduces the need for chemical fertilizers.
- Reduces methane emissions from landfills and lowers your carbon footprint.

While two composting units is ideal because it allows time for each unit to mature, only one was built on our visit to the Home. Another is to be built in short order to better serve the needs of the facility and to ensure efficient operations. Lush gardens and naturally nourished fruits and vegetables are expected in the weeks ahead. Stay tuned!

#KidsNeedKiwanis #EKPR

Interested In Making Your Own Compost Heap?

Firstly, compost is organic material that can be added to soil to help plants grow. Food scraps (such as banana peel and other plant matter) currently make up a great percentage of what we dispose of in our homes, and could be composted instead.



Composting Basics

All composting requires three basic ingredients:

- **Browns** - This includes materials such as dead leaves, branches, and twigs.
- **Greens** - This includes materials such as grass clippings, vegetable waste, and fruit scraps.
- **Soil** - Having the right amount of soil, greens, and browns is important for compost development.

You will also need a coverable container (barrel or keg) for your compost to go in. Your compost pile should have an equal amount of browns to greens. You should also alternate layers of organic materials of different-sized particles. The brown materials provide carbon for your compost, the green materials provide nitrogen, and the soil provides nutrients to help break down the organic matter.

Cont'd

Compost Heap Project cont'd

What To Compost

- Fruits and vegetables
- Eggshells
- Tea bags
- Shredded newspaper
- Cardboard / paper
- Leaves and yard trimmings
- Houseplants

What Not To Compost

- Black walnut tree leaves or twigs
- Coal or charcoal ash
- Dairy products (e.g., butter, milk, yogurt) and eggs*
- Diseased plants
- Fats, grease, lard, or oils
- Meat or fish bones and scraps
- Pet wastes (e.g., dog or cat litter)
- Yard trimmings treated with chemical pesticides

Information adapted from: <https://www.epa.gov/recycle/composting>



S
L
P

C
O
R
N
E
R



Celebrate Community: Feeding students in Huntsville Muskoka Schools

Celebrate Community was the result of a collaboration between Kiwanis, Lions, Rotary and Optimist to show how different organizations can work collaboratively on project in their communities. The goal was to showcase those efforts during the week of October 10-16, 2021.

Upon hearing of the challenge set out by the respective international bodies, Kiwanian Rick Brooks and Rotarian Peter Redwood set out to meet the challenge by involving the local Lions Clubs.

Four Lions clubs and the Rotary Club of Huntsville were approached along with members of the Kiwanis Club of Huntsville Muskoka. Although it was agreed to be a partnership, the lead was taken by Kiwanian Rick Brooks, a Past Lieutenant Governor, the driving force who started the first Kiwanis club in Muskoka in 2017.

The program "Celebrate Community" was shared with several key members of each service club, followed by a zoom meeting to discuss the objective and how a partnership in service could be seen as making a difference. It was agreed that the local need was to address the issue of food insecurity and promote the school nutrition programs in the 7 elementary schools as well as the Huntsville High School.



Kiwanians Rick Brooks and President Shirley Bullock flanking Trustees Bruce Reain and Carol Corriveau-Truchon with the partnerships initial \$6500 pledge cheque.

The meet the original timeframe, the Rotary Club of Huntsville, Lions Clubs of Stephenson, Dorset, Baysville and Dwight as well as the Kiwanis Club of Huntsville Muskoka held a press conference on October 14 to showcase the clubs and with the support of the school board trustees, an initial commitment of \$6500 was announced. Clubs were still working on their membership to increase their pledges and the final total was \$11,000 after contact was made with 3 major grocers.

Another zoom was scheduled, schools and stores were allocated and the service clubs were obligated to follow through with coordinating the stores, schools and their members to arrange for the schools to be receiving the gift cards, based on size and numbers, either in \$1000 or \$1500 per school and follow that up with a photo opportunity.

The experience echoed by all was one of a tremendous win for all parties and an experience that will prepare the clubs to engage again next year.



Kiwanians Rick and Shirley flanking Kim MacDonald (Saint Mary's CS), Bullock's Independent Owner Alycia Bullock and Kim Clark



Kiwanis Club of Freeport Plants Mangroves for World Wetlands Day in The Bahamas

In honour of World Wetlands Day 2022, the Kiwanis Club of Freeport participated in a mangrove planting initiative organized by the Bahamas National Trust in partnership with Bonefish Tarpon Trust, Mang Gear and the East End Lodge off East Grand Bahama Island. The theme for World Wetlands Day 2022 was "Wetlands Action for People and Nature." This theme aims to highlight the importance of actions that can ensure the conservation and sustainable use of wetlands.

Wetlands and mangroves are important to the Bahamas and their significance cannot be overstated towards the protection of the coastlines and fisheries. Studies by Bonefish Tarpon Trust have shown that Grand Bahama Island lost over 70% of mangroves due to Hurricane Dorian in 2019.

To commemorate World Wetlands Day 2022, 40 volunteers went out very early in the morning to journey from the City of Freeport to the Eastern End of the island where they offloaded 40 buckets of mangroves and then carefully planted 2400 mangroves to aid in the restoration of this important ecosystem.

It was an impactful day as all volunteers who participated were also able to learn more about the valuable wetland spaces on Grand Bahama Island and the actions that are needed to aid in its restoration.

The Kiwanis Club of Freeport is thankful to its partners for organizing this project that will serve Grand Bahama Island for years to come - making a difference, one mangrove at a time.

The Kiwanis Club of Freeport is dedicated to supporting members of their community whose lives were impacted by Covid-19 and Hurricane Dorian.

They have provided food on a weekly basis to over 100 families and commissioned artwork for the pediatric and maternity ward at the Rand Memorial Hospital to bring smiles to children.





In December, 25 students of the Aurélie Lambourde Builders Club in formation attended the KC **FOUGÈRES** club meeting. Two of the members declaimed the poem “Here comes Christmas” « Voici venir Noël » by Florette Morand. Members and volunteers of the club served snacks made from local products to the children.



The Kiwanis Club of Nord Basse-Terre gave some thirty books, last Thursday, to l'école Mixte II as part of its School Project: reading and the pleasure of reading. The Club is always ready to support great projects.



Ability New Brunswick 65th Anniversary Medal Recipient

Ability New Brunswick 65th Anniversary Commemorative Medal Recipient: The Kiwanis Club of Fredericton.

For the past 29 years, the Kiwanis Club of Fredericton has undertaken several projects to enhance the care provided by the staff at the Stan Cassidy Centre for Rehabilitation. The Kiwanis Club's slogan - Changing children's lives one child at a time - echoes the Club's aim to provide superior service to the patients and families staying at the Kiwanis House while receiving treatment at the Stan Cassidy Centre.

Built in 1995, the first Kiwanis House was established on the grounds of the Forest Hill Centre for Rehabilitation, the predecessor of the Stan Cassidy Centre, thanks to the funds raised by the members of the Kiwanis Club of Fredericton. Two decades later, following the change of location of the rehabilitation centre, a second Kiwanis House was built. Over the years, the accessible hostel has hosted hundreds of patients and their families, providing an affordable and fully accessible option for those travelling from across the province to the Centre for care.

"It is important for customers and their families in those situations to feel at home and to have a comfortable place to stay next to the rehabilitation facility," said Mike Ross, Kiwanis Club of Fredericton's president. The Club also takes care of the Houses' landscaping by planting flowers on the perimeter and providing a Christmas tree every year.

In addition to Kiwanis House, the Club has generously donated items to patients at the Stan Cassidy Centre to assist them with recovery and rehabilitation through the Care & Comfort initiative and the Bikes n Trikes program.

According to Mr. Ross, although the Club is not working directly with Ability NB, they are helping the same customers.



In photo, left to right, George Woodworth, Ability NB President; Mike Ross and Peter Curtis, Kiwanis Club of Fredericton.

"We are all in the same boat, going in the same direction," said Mr. Ross. "Ability NB is a leading advocate and supplier of adaptive processes and without them, the province would be back in the dark ages with respect to people with physical challenges."

In 2021, Ability NB recognized the Kiwanis Club of Fredericton with a commemorative medal for their significant contribution to help advance the interests of New Brunswickers living with a mobility disability. According to Mike Ross, over the next 65 years, accessibility issues such as wheelchair access onto sidewalks need to be addressed further and resolved once and for all.

Kiwanians honour Judy Mowatt, Marcia Griffiths for Reggae Month

Virtual lovefest hosted by Miss Kitty

The Gleaner
Established 1834

It was a virtual lovefest on Tuesday evening when the Kiwanis Club of Eastern St Andrew entertained royalty as they honoured reggae queens, Marcia Lyneth Griffiths and Judith Veronica 'Judy' Mowatt, to celebrate Reggae Month. Much was made of the unique date – 22. 02. 2022 – recognised as a palindrome and an ambigram.

Hosted by the effervescent journalist and lawyer, Khadine 'Miss Kitty' Hylton, the evening's salute was well attended on the Zoom platform by visiting Kiwanians far and wide. Minister of Culture, Gender, Entertainment and Sport Olivia Grange joined the meeting to make the official presentation of the awards and give her personal salute.

Grange shared that both she and Marcia Griffiths hail from West Kingston, that hotbed of musical creativity.

"Jamaica is blessed to have these three ladies – Rita Marley, Judy Mowatt and Marcia Griffiths – as role models. I know Marcia from West Kingston. Mr Seaga would lift up little Marcia and put her on the flatbed truck to perform. Out of the bowels of West Kingston, we have produced a beautiful queen with a beautiful voice," Grange said in tribute.

The minister spoke of her interactions with Judy Mowatt through the latter's iconic 1979 **Black Woman** album, regarded as the greatest reggae album by a female artiste.

"When I was in Canada, I got an album titled **Black Woman**, and we spoke to Shanachie (a New Jersey-based record label), and that's how Shanachie called Judy to distribute the album. I don't know if you know this, Judy, because I have never told you. This honour by the Kiwanis Club of Eastern St Andrew is truly well deserved. I am sorry that we can't raise our glasses and hug each other," Grange said.

Hylton, who noted that she was taught to respect her elders, referred to the honourees as 'Auntie Judy' and 'Auntie Marcia' as she had them



traverse memory lane, asking questions that evoked recollections of a past which undoubtedly honed the present.

Interestingly, both singers seemed destined for the medical field. Mowatt wanted to be a nurse, and Griffiths' father thought music was "degrading" and wanted his daughter to become a doctor. Griffiths and Mowatt acknowledged, however, that they were still in the business of healing, as this is exactly what they do through music. They spoke of the I-Three days working with Bob Marley and declared that their union was divinely inspired.

"It is not easy to find three people whose voices blend easily. The day we got together is the day we knew we should be together," Griffiths shared, adding that the early days at Studio One was a family vibe. "One Bruce's patty and a coco bread for lunch, and we were happy. Bob, Peter and Bunny were three militant brothers, and the music was much deeper than entertainment.

We have a responsibility to educate and uplift. I recognise that this is our strongest weapon to unite the world. Being with Bob opened my eyes," Griffiths, who will celebrate 58 years in the music business on Easter Monday, declared passionately.

Hylton also brought on surprise guests, Donovan Germain, Yvonne Hope and Bridget Anderson, friends of the awardees and who spoke glowingly of them.

Marcia Griffiths was painted as the live-wire who is loving, kind, straight-to-the-point, and even "feisty", and she was also praised for her cooking skills. "When I was diagnosed with breast cancer, Marcia said, 'You have to come to my house'," Yvonne Hope recalled. And Germain said, "Angelic voice that sounds the same way from the '60s 'til now. And she looks the same. Marcia is family, and if ah don't call her for a few days and she is cussing me, I just seh, 'Look here, mi love yuh.'"

Anderson hailed Mowatt for taking a chance on her when she had zero experience.

"In 1991, Sis Judy took me on her world tour with Sly and Robbie when I knew absolutely nothing about the music business," shared Anderson, who is now a sought-after artiste manager and PR specialist with her own décor company.

"Listening to the love flowing from each Kiwanis chapter and from Miss Kitty, Minister Grange, and the surprise guests is heartwarming," said an overwhelmed Mowatt.

Delighted, the reggae queens had a simple message, which Griffiths said her father would often say: "Give me my flowers now because I can't ready my tombstone". Thank God for preserving [us] and the fans for their support. It is thoughtful and wonderful of the Kiwanians to do this. Let's keep the fire burning."

Distinguished president, Kiwanian Velmour Lawrence, gave the heartfelt vote of thanks.

Published: Saturday | February 26, 2022 | 12:07 AM
Yasmine Peru/Senior Gleaner Writer

Walking labyrinth announced for St. Catharines Fairview Park

Labyrinths are often used to support first responders with post-traumatic stress disorder



“Some people can’t sit and meditate, so this is a walking meditation, a metaphor that you can keep moving forward. There’s lots of twists and turns and you might head back in the other direction, but there’s no dead ends — you will find your centre if you keep moving forward,” said Bennett.

Kiwanis club member Cory Abt said they’re excited to be a part of the project, “Longer term, we are looking forward to further development of this park, and we’re ready to support it and be actively involved with that,” he added.

In a release, St. Catharines Mayor Walter Sendzik said he’s looking forward to this and other enhancements to the park.

“With the construction of the labyrinth and the investments from the city and federal government to expand and enhance trails, there is great work happening, and I look forward to any future vision for this space,” said Sendzik. “It’s centrally located, accessible by transit and provides good access to all of our community to walk, reflect and enjoy some of the incredible green space our city has to offer.”

Construction is expected to begin in the coming months.

The city of St. Catharines has announced its plan to install its first outdoor walking labyrinth.

Fairview Park, formerly the Fairview Golf Course and Mini Putt, will be home to the scenic maze.

It will feature a grass walkway, with seating and landscaping around it.

The Valhalla Project Niagara, along with the Kiwanis Club of St. Catharines, are supporting the build.

Shawn Bennett, a director with The Valhalla Project Niagara, said labyrinths are widely used to support first responders with post-traumatic stress disorder, one of the initiatives the organization supports through mental health treatment, education and advocacy.

The labyrinth will be dedicated to all the service animals bringing “calm to suffering people as the labyrinth will.”

Published in

NIAGARA
This Week.

Thursday, January 27, 2022

ARRIVE READY TO LEARN. LEAVE READY TO LEAD.



**JUNE 8-11
2022**

From ideas for service to innovations in fundraising, you'll find it all at the 2022 Kiwanis International Convention. The best leaders are learners. Come to Indianapolis, Indiana, and be a bit of both — so you can increase your club's impact in your community.

kiwanis.org/convention

Kiwanis[®]
CONVENTION 2022
INDIANAPOLIS